

Recommended Pantry Items

Rice
Canned Vegetables
Canned Milk
Canned Fruit
Canned or Dried Beans
Pancake Mix
Ketchup
Mustard
Mayo
Salsa
Syrup
Instant Potatoes
Cereal
Oatmeal
Flour
Sugar
Brown Sugar
Powdered Sugar
Baking Powder
Baking Soda
Chocolate Chips
Baking Cocoa
Tea Bags
Salt
Spices
Taco Seasoning
Mac 'n Cheese
Spaghetti Sauce
Spaghetti Noodles
Soup (tomato, chicken noodle, vegetable, "cream of ____")